

To: FDA Commissioner Jane E. Henney
5600 Fishers Lane
Rockville, Maryland 20857
(khamric@oc.fda.gov)

From: Annette C Paul
7431 DEEP RUN RD
BLOOMFIELD MI 48301

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The consumption of added sugar has jumped 25 percent since 1984, squeezing healthy foods out of the diet. As a member of the Center for Science in the Public Interest (CSPI), I urge the FDA to establish a "Daily Reference Value" for added sugar of 40 grams and to require labels to disclose how much added sugar a food contains.

SKIM MILK HAS 12g
OF SUGAR
ORANGE JUICE 23g
OF SUGAR

99P-2630

C 25